



Flint Warrick Swasand

February 24, 1964 - March 24, 2015

Flint W. Swasand, 51, of Des Moines, Iowa and formerly of Ackley, Iowa, passed away Tuesday, March 24, 2015 at the Hansen Family Hospital in Iowa Falls, after a hard fought battle with cancer. No services are planned at this time. Woodley Funeral Home, LLC of Iowa Falls is caring for Flint and his family. 641-648-7700.

Flint Warrick Swasand was born February 24, 1964 to Richard "Doc" and Becky Swasand. He grew up in the Ackley, Iowa area where he graduated high school. An avid outdoorsman and accomplished chef, the adventure of Flint's life took him from the wilderness of Alaska to the kitchens of the Culinary Institute in New York. Eventually this journey would return him back to the Iowa timber which he loved.

Flint is survived by his wife, Rebekah Swasand of Des Moines, Iowa; stepsons, Hunter Carver of Des Moines, Iowa and Garrett Carver of North Carolina; parents, Dr. Richard "Doc" and Mary "Becky" Swasand of Ackley, Iowa; a sister, Dr. Berri Swasand of Spokane, WA and one brother Brad Swasand of St. Charles, MO.

Flint's wealth of knowledge and generous nature will certainly be missed, but his spirit will live on. Thank you to all the people who touched his life and helped Flint pursue his dreams.

A memorial fund has been established at the Ackley State Bank to promote outdoor skills in future generations.